

YEAR OF SAINT JOSEPH

RENEWING FAITH, HOPE AND LOVE

December 8, 2020 – December 8, 2021
150th Anniversary of the
Patron of the Universal Church



Image of Saint Joseph at the
Cathedral of the Madeleine,
Diocese of Salt Lake City

TABLE OF CONTENTS

I	DEDICATION.....	2
II.	INTRODUCTION.....	3
III.	BISHOP’S MESSAGE.....	5
IV.	LIFE OF SAINT JOSEPH.....	6
V.	PRAYERS TO SAINT JOSEPH.....	13
VI.	PILGRIMAGE.....	22
VII.	RESOURCES.....	28
VIII.	SPECIAL SAINT JOSEPH DAYS AND EVENTS.....	32
IX.	DIOCESAN PRIESTS NAMED JOSEPH.....	36



**Image of Saint Joseph
at Saint Lawrence
Catholic Church, Heber**

DEDICATION

With Gratitude for
Parents

Who foster devotion to Saint Joseph in their families;

Religious Educators

Who teach students the role of Saint Joseph in the plan of salvation as protector of the Virgin Mary and of the Child Jesus;

Pastors

Who celebrate Saint Joseph with devotion in their parishes and schools;

Our Holy Father Francis

Who added Saint Joseph's name to the Eucharistic Prayer and gifted us with this special year of devotion to Joseph.

This booklet is a project of the Diocese of Salt Lake City.

We are grateful for material shared by

The Italian-American Museum of Los Angeles, Marianna Gatto, Director.

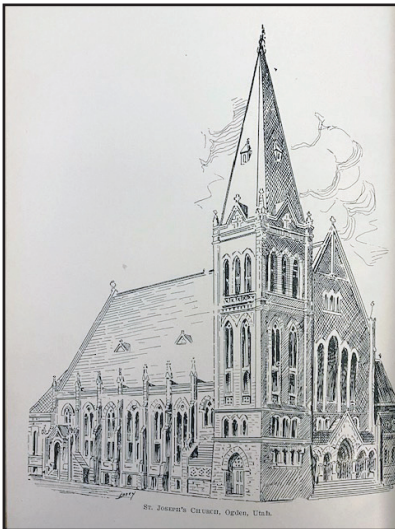


Illustration of Saint Joseph Catholic Church, Ogden, from the "Catholic Church in Utah," circa 1909, published by the Intermountain Catholic Press.

INTRODUCTION

The Catholic Church observes the passage of time through the liturgical calendar, which includes feasts such as Easter and Christmas, and seasons such as Lent and Advent. In addition, however, popes can set aside time for the Church to reflect more deeply on a specific aspect of Catholic teaching or belief. Past years designated by recent popes included a Year of Faith, Year of the Eucharist, and Jubilee Year of Mercy.

In a new Apostolic Letter titled *Patris Corde* (*With a Father's Heart*), Pope Francis has proclaimed a special "Year of Saint Joseph," beginning on the Solemnity of the Immaculate Conception 2020 and extending to the same feast in 2021. The Letter marks the 150th anniversary of Blessed Pope Pius IX's declaration of Saint Joseph as Patron of the Universal Church on December 8, 1870.

Our Holy Father describes Saint Joseph as a beloved father, a tender and loving father, an obedient father, an accepting father, a father who is creatively courageous, a working father, a father in the shadows. He said the coronavirus pandemic has heightened his desire to reflect on Saint Joseph, as so many people during the pandemic have made hidden sacrifices to protect others, just as Saint Joseph quietly protected and cared for Mary and Jesus. He wishes that "every member of the faithful, following his example, may strengthen their life of faith daily in the complete fulfillment of God's will."

Catholics do not worship saints, but ask for their heavenly intercession before God and seek to imitate their virtues here on earth. The Catholic Church honors Saint Joseph as the foster father



Statue of Saint Joseph at Saint Olaf Catholic Church, Bountiful

of Jesus. He is invoked as the patron saint of the Universal Church. He is also the patron of workers, fathers, and for a happy death. Hence, “each of us can discover in Joseph – the man who goes unnoticed, a daily, discreet and hidden presence – an intercessor, a support and a guide in times of trouble,” the pope wrote. He also said he wanted to highlight Saint Joseph’s role as a father who served his family with charity and humility, adding that “our world today needs fathers.”

As we pray and reflect on the life of Saint Joseph throughout the coming year, we also have opportunities to gain a plenary indulgence, or remission of all temporal punishment due to sin. An indulgence requires a specific act, defined by the Church, as well as sacramental Confession, Eucharistic Communion, prayer for the pope’s intentions, and full detachment from sin. An indulgence can be applied to oneself or to a soul in Purgatory.

Special indulgences during the Year of Saint Joseph can be received through more than a dozen different prayers and actions, including praying for the unemployed, entrusting one’s daily work to Saint Joseph, performing a corporal or spiritual work of mercy, or meditating for at least 30 minutes on the Lord’s Prayer.

May our prayers through the intercession of Saint Joseph be our source of God’s blessings. Saint Joseph, pray for us.



**Statue of Saint Joseph at
Saint Joseph the Worker
Catholic Church, West Jordan**

BISHOP'S MESSAGE



February 10, 2021



Greetings of Christ's peace and love!

Our Holy Father, in his Apostolic Letter *Patris Corde (With the Heart a Father)*, declared the Year of Saint Joseph from December 8, 2020 to December 8, 2021 on the occasion of the 150th anniversary of the declaration of Saint Joseph as the patron of the universal Church by Pope Pius IX on December 8, 1870. The letter reflects on the role this revered saint has had in the history of salvation.

Saint Joseph, the spouse of the Virgin Mary and the foster-father of Jesus, is a great model of hope and cooperation with God's divine plan. As guardian and protector, Saint Joseph endured his struggles to ensure the wellbeing of the Holy Family. His humility, obedience and trust in God led to holiness, tranquility and peace that has long inspired dedicated workers, faithful spouses and countless pilgrims to display courage under difficult circumstances. So, he continues to be the protector and guardian for all of us, the Universal Church and the world.

During these trying times, Pope Francis encourages us to promote a special devotion to Saint Joseph to help us find our way in a confusing world and to provide an opportunity for our faith renewal, seeking his intercession as our Christian model and an example to honor, follow and imitate in life.

I pray that this booklet serves as a companion for your personal use and for parish groups throughout the year. As we embark on a spiritual pilgrimage, may the grace of God through the intercession of Saint Joseph, inspire all of us in the diocese to renew our faith, hope and love for God and for one another.

Yours faithfully in Christ our Lord,

Most Reverend Oscar A. Solis, DD

LIFE OF SAINT JOSEPH

Excerpts from *Patris Corde*

In his Dec. 8, 2020 Apostolic Letter *Patris Corde (With A Father's Heart)*, Pope Francis reminds us that Saint Joseph remains a timeless model of humility and quiet service. The following excerpts from *Patris Corde* may be used for prayer and contemplation. The reflection questions are provided by the Diocese of Salt Lake City Office of Faith Formation.



Statue of Saint Joseph at Saint Ann Catholic Church, Salt Lake City

A Beloved Father

“The greatness of Saint Joseph is that he was the spouse of Mary and the father of Jesus. In this way, he placed himself, in the words of Saint John Chrysostom, ‘at the service of the entire plan of salvation.’

“He employed his legal authority over the Holy Family to devote himself completely to them in his life and work. He turned his human vocation to domestic love into a superhuman oblation of himself, his heart and all his abilities, a love placed at the service of the Messiah who was growing to maturity in his home.”

Reflection:

In my vocation, how is God calling me to offer my talents in service to others?

In this time of COVID-19 when fears arise, how might Joseph's virtuous example help me to trust that God has a plan for my life and I must not lose hope, given my fears and anxieties about the future?

An Obedient Father

“As he had done with Mary, God revealed his saving plan to Joseph. He did so by using dreams, which in the Bible and among all ancient peoples, were considered a way for him to make his will known.

“Joseph was deeply troubled by Mary’s mysterious pregnancy. He did not want to ‘expose her to public disgrace,’ (Mt 1:14) so he decided to ‘dismiss her quietly’ (Mt 1:19).

“In the first dream, an angel helps him resolve his grave dilemma: ‘Do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins’ (Mt 1:20-21). Joseph’s response was immediate: ‘When Joseph awoke from sleep, he did as the angel of the Lord commanded him’ (Mt 1:24). Obedience made it possible for him to surmount his difficulties and spare Mary.

“In the second dream, the angel tells Joseph: ‘Get up, take the child and his mother, and flee to Egypt, and remain there until I tell you; for Herod is about to search for the child, to destroy him’ (Mt 2:13). Joseph did not hesitate to obey, regardless of the hardship involved: ‘He got up, took the child and his mother by night, and went to Egypt, and remained there until the death of Herod’ (Mt 2:14-15).

“In Egypt, Joseph awaited with patient trust the angel’s notice that he could safely return home. In a third dream, the angel told him that those who sought to kill the child were dead and ordered him to rise, take the child and his mother, and return to the land of Israel (cf. Mt 2:19-20). Once again, Joseph promptly obeyed. ‘He got up, took the child and his mother, and went to the land of Israel’ (Mt 2:21).

“During the return journey, ‘when Joseph heard that Archelaus was ruling over Judea in place of his father Herod, he was afraid to go there. After being warned in a dream’ – now for the fourth time – ‘he went away to the district of Galilee. There he made his home in a town called Nazareth’ (Mt 2:22-23).”

Reflection:

Joseph encountered the Lord in his dreams. How has God been speaking to me? Do I ask the Lord's assistance in resolving difficult dilemmas in my life? When answers come, do I choose to follow the promptings of the Holy Spirit?

An Accepting Father

“Joseph accepted Mary unconditionally. He trusted in the angel's words.

“Often in life, things happen whose meaning we do not understand. Our first reaction is frequently one of disappointment and rebellion. Joseph set aside his own ideas in order to accept the course of events and, mysterious as they seemed, to embrace them, take responsibility for them and make them part of his own history. Unless we are reconciled with our own history, we will be unable to take a single step forward, for we will always remain hostage to our expectations and the disappointments that follow.

“The spiritual path that Joseph traces for us is not one that explains, but accepts. Only as a result of this acceptance, this reconciliation, can we begin to glimpse a broader history, a deeper meaning.



**Statue of Saint Joseph at
Saint Joseph Catholic Church, Ogden**

We can almost hear an echo of the impassioned reply of Job to his wife, who had urged him to rebel against the evil he endured: “Shall we receive the good at the hand of God, and not receive the bad?” (Job 2:10).”

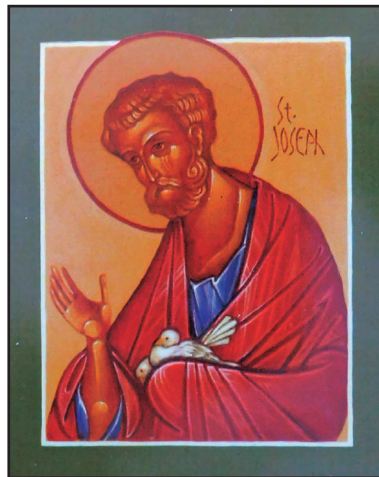
“Joseph is certainly not passively resigned, but courageously and firmly proactive. In our own lives, acceptance and welcome can be an expression of the Holy Spirit’s gift of fortitude. Only the Lord can give us the strength needed to accept life as it is, with all its contradictions, frustrations and disappointments.”

Reflection:

Joseph’s life did not follow a smooth, predictable pattern. When my life suddenly veers off in an unexpected way, how do I react? Is it difficult for me to accept these changes? Am I able to let go of my need to control everything and welcome the Holy Spirit who will inspire, guide and console me?

A Creatively Courageous Father

“If the first stage of all true interior healing is to accept our personal history and embrace even the things in life that we did not choose, we must now add another important element: creative courage. This emerges especially in the way we deal with difficulties. In the face of difficulty, we can either give up and walk away, or somehow engage with it. At times, difficulties bring out resources we did not even think we had.



Icon of Saint Joseph created in honor of the Golden Jubilee of Priestly Ordination of the Rev. Monsignor Joseph Terrence Fitzgerald, Vicar General emeritus of the Diocese of Salt Lake City; a 1990 gift from Mount Angel Seminary

“As we read the infancy narratives, we may often wonder why God did not act in a more direct and clear way. Yet God acts through events and people. Joseph was the man chosen by God to guide the beginnings of the history of redemption. He was the true ‘miracle’ by which God saves the child and his mother. God acted by trusting in Joseph’s creative courage. Arriving in Bethlehem and finding no lodging where Mary could give birth, Joseph took a stable and, as best he could, turned it into a welcoming home for the Son of God come into the world (cf. Lk 2:6-7). Faced with imminent danger from Herod, who wanted to kill the child, Joseph was warned once again in a dream to protect the child, and rose in the middle of the night to prepare the flight into Egypt (cf. Mt 2:13-14).

“If at times God seems not to help us, surely this does not mean that we have been abandoned, but instead are being trusted to plan, to be creative, and to find solutions ourselves.”

Reflection:

How do I deal with difficulties? Do I avoid dealing with them and retreat into some kind of mindless comfort? Do I believe that God will provide inspiration to help me to work courageously through these difficulties?

A Working Father

“Saint Joseph was a carpenter who earned an honest living to provide for his family. From him, Jesus learned the value, the dignity and the joy of what it means to eat bread that is the fruit of one’s own labor.

“In our own day, when employment has once more become a burning social issue, and unemployment at times reaches record levels even in nations that for decades have enjoyed a certain degree of prosperity, there is a renewed need to appreciate the importance of dignified work, of which Saint Joseph is an exemplary patron.

“Working persons, whatever their job may be, are cooperating with God himself, and in some way become creators of the world around us. The crisis of our time, which is economic, social, cultural and spiritual, can serve as a summons for all of us to rediscover the value, the importance and necessity of work for bringing about a new ‘normal’ from which no one is excluded. Saint Joseph’s work reminds us that God himself, in becoming man, did not disdain work. The loss of employment that affects so many of our brothers and sisters, and has increased as a result of the Covid-19 pandemic, should serve as a summons to review our priorities. Let us implore Saint Joseph the Worker to help us find ways to express our firm conviction that no young person, no person at all, no family should be without work!”

Reflection:

Do I choose to avoid work? Do I believe that my faithfulness as a worker is a dignified role no matter what my job? If unemployment has touched me, my family or friends, am I hopeful that the Lord hears my prayers? Do I reach out to encourage and assist others struggling with work-related issues?

Father in the Shadows

“Fathers are not born, but made. A man does not become a father simply by bringing a child into the world, but by taking up the responsibility to care for that child. Whenever a man accepts responsibility for the life of another, in some way he becomes a father to that person.

“Children today often seem orphans, lacking fathers. The Church too needs fathers. Saint Paul’s words to the Corinthians remain timely: ‘Though you have countless guides in Christ, you do not have many fathers’ (1 Cor 4:15). Every priest or bishop should be able to add, with the Apostle: ‘I became your father in Christ Jesus through the Gospel’ (ibid.). Paul likewise calls the Galatians: ‘My little children, with whom I am again in travail until Christ be formed in you!’ (4:19).

“Being a father entails introducing children to life and reality. Not holding them back, being overprotective or possessive, but rather making them capable of deciding for themselves, enjoying freedom and exploring new possibilities. Perhaps for this reason, Joseph is traditionally called a ‘most chaste’ father. That title is not simply a sign of affection, but the summation of an attitude that is the opposite of possessiveness. Chastity is freedom from possessiveness in every

sphere of one's life. Only when love is chaste, is it truly love. A possessive love ultimately becomes dangerous: it imprisons, constricts and makes for misery. God himself loved humanity with a chaste love; he left us free even to go astray and set ourselves against him. The logic of love is always the logic of freedom, and Joseph knew how to love with extraordinary freedom. He never made himself the centre of things. He did not think of himself, but focused instead on the lives of Mary and Jesus.”

Reflection:

Do I constantly need to be in control of others? Do I want to be the center of attention? Can I refrain from judging others and acknowledge their God-given freedom to make life choices?

The full text of Patris Corde is available at http://www.vatican.va/content/francesco/en/apost_letters/documents/papa-francesco-lettera-ap-20201208-patris-corde.html



Statue of Saint Joseph at Saint Joseph Villa, Salt Lake City

PRAYERS TO SAINT JOSEPH

Prayer to Saint Joseph Introduction

The prayer to Saint Joseph – spouse of the Virgin Mary, foster father of Jesus, and patron saint of the universal Church – that is on the next page was composed by Pope Leo XIII in his 1889 encyclical, *Quamquam pluries*. He asked that it be added to the end of the rosary, especially during the month of October, which is dedicated to the rosary. It may be said after the customary *Salve Regina* and concluding prayer, and may also be used to conclude other Marian devotions. (USCCB)

During the Year of Saint Joseph

The prayer is ordinarily enriched with a partial indulgence (*Handbook of Indulgences*, conc. 19). During the Year of Saint Joseph, however – which lasts from December 8, 2020 to December 8, 2021 – the use of this prayer has been included among those enriched with a plenary indulgence (see Decree of the Apostolic Penitentiary issued December 8, 2020, section E). It may be said on any day of the Year of Saint Joseph, but especially on his various feast days or other devotional days dedicated to Saint Joseph:

- March 19, 2021, the Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary
- May 1, 2021, the Optional Memorial of Saint Joseph the Worker
- The nineteenth day of each month
- Every Wednesday, the traditional day of the week for devotions to Saint Joseph
- “Saint Joseph Sunday” and suitable days of other liturgical rites in the Eastern Catholic Churches.

Prayer to Saint Joseph

Composed by Pope Leo XIII; to be added to the end of the rosary, especially during the month of October, which is dedicated to the rosary.

To you, O blessed Joseph,
do we come in our tribulation,
and having implored the help of your most holy Spouse,
we confidently invoke your patronage also.

Through that charity which bound you
to the Immaculate Virgin Mother of God
and through the paternal love
with which you embraced the Child Jesus,
we humbly beg you graciously to regard the inheritance
which Jesus Christ has purchased by his Blood, and
with your power and strength to aid us
in our necessities.

O most watchful guardian of the Holy Family,
defend the chosen children of Jesus Christ;

O most loving father, ward off from us
every contagion of error and corrupting influence;

O our most mighty protector, be kind to us
and from heaven assist us in our struggle
with the power of darkness.

As once you rescued the Child Jesus from deadly peril,
so now protect God's Holy Church

from the snares of the enemy and from all adversity;
shield, too, each one of us by your constant protection,
so that, supported by your example and your aid,
we may be able to live piously, to die in holiness,
and to obtain eternal happiness in heaven.

Amen.

Prayer Before Work to Saint Joseph the Worker

Composed by Pope Saint Pius X

O Glorious Saint Joseph,
model of all those who are devoted
to labor;
obtain for me the grace to work in
a spirit of penance for the expiation of
my many sins;
to work conscientiously, putting
the call of duty above my natural
inclinations;
to work with thankfulness and joy,
considering it an honor to employ and
develop by means of labor the gifts
received from God;
to work with order, peace,
moderation, and patience, never
shrinking from weariness and trials;
to work above all with purity of
intention and detachment from self,
keeping unceasingly before my eyes
death and the account that I must give
of time lost, talents unused, good
omitted, and vain complacency in
success, so fatal to the work of God.
All for Jesus, all through Mary, all
after thy example, O Patriarch, Saint
Joseph. Such shall be my watch-word
in life and in death.

Amen.



**Statue of Saint Joseph at
the Diocese of Salt Lake City
Pastoral Center, Salt Lake City**

Prayer for a Holy Death

O glorious Saint Joseph,
behold I choose thee today for my special
patron in life and at the hour of my death.

Preserve and increase
in me the spirit of prayer and fervor
in the service of God.

Remove far from me every kind of sin;
obtain for me that my death may not come upon me
unawares, but that I may have time
to confess my sins sacramentally and
to bewail them
with a most perfect understanding
and a most sincere and
perfect contrition, in order that I may
breathe forth my soul
into the hands of Jesus and Mary.

Amen.

(Source: Catholic News Service)

**Find more prayers to Saint Joseph at
[https://www.catholicnewsagency.com/
resources/prayers/prayers-to-saint-joseph](https://www.catholicnewsagency.com/resources/prayers/prayers-to-saint-joseph)**

A Morning Offering to Saint Joseph

Receive me, dear and chosen Father,
and the offering of every movement of my body and
soul, which I desire to present
through thee to my blessed Lord.

Purify all! Make all a perfect holocaust!
May every pulsation
of my heart be a Spiritual Communion, every look and
thought an act of love, every action a sweet sacrifice,
every word an arrow of Divine love, every step
an advance toward Jesus, every visit to Our Lord as
pleasing to God as the errands of Angels,
every thought of thee, dear Saint, an act
to remind thee that I am thy child.

I recommend to thee the occasions in which
I usually fail,
particularly . . . [Mention these].
Accept each little devotion
of the day, though replete with imperfection,
and offer it
to Jesus, Whose mercy will overlook all,
since He regards not so much the gift
as the love of the giver.

Amen.

Saint Joseph Chaplet of Seven Sorrows



JOSEPH'S SEVEN SORROWS

1. The Doubt of Saint Joseph
(Mt 1:19)
2. The Poverty of Jesus' Birth
(Lk 2:7)
3. The Circumcision
(Lk 2:21)
4. The Prophecy of Simeon
(Lk 2:34)
5. The Flight into Egypt
(Mt 2:14)
6. The Return from Egypt
(Mt 2:22)
7. The Loss of the Child Jesus
(Luke 2:45)

**Statue of Saint Joseph at
Blessed Sacrament Catholic Church, Sandy**

Saint Joseph Chaplet of Seven Joys

JOSEPH'S SEVEN JOYS

1. The Message of the Angel
(Mt 1:20)
2. The Birth of the Savior
(Lk 2:10-11)
3. The Holy Name of Jesus
(Mt 1:25)
4. The Effects of the Redemption
(Lk 2:38)
5. The Overthrow of the Idols of Egypt
(Is 19:1)
6. Life with Jesus and Mary at Nazareth
(Lk 2:39)
7. The Finding of the Child Jesus in the Temple
(Lk 2:46)



Statue of Saint Joseph at
Christ the King Catholic Church, Park City

LITANY OF SAINT JOSEPH

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ, have mercy.*
Lord, have mercy. *Lord, have mercy.*
Jesus, hear us. *Jesus, graciously hear us.*
God, the Father of Heaven, *Have mercy on us.*
God, the Son, Redeemer of the world, *Have mercy on us.*
God, the Holy Spirit, *Have mercy on us.*
Holy Trinity, One God, *Have mercy on us.*
Holy Mary, *pray for us.*
St. Joseph, *pray for us.*
Renowned offspring of David, *pray for us.*
Light of Patriarchs, *pray for us.*
Spouse of the Mother of God, *pray for us.*
Chaste guardian of the Virgin, *pray for us.*
Foster father of the Son of God, *pray for us.*
Diligent protector of Christ, *pray for us.*
Head of the Holy Family, *pray for us.*
Joseph most just, *pray for us.*
Joseph most chaste, *pray for us.*
Joseph most prudent, *pray for us.*
Joseph most strong, *pray for us.*
Joseph most obedient, *pray for us.*
Joseph most faithful, *pray for us.*
Mirror of patience, *pray for us.*



Statue of Saint Joseph at Our Lady of Perpetual Help Catholic Church, Kearns

LITANY OF SAINT JOSEPH

Lover of poverty,
Model of artisans,
Glory of home life,
Guardian of virgins,
Pillar of families,
Solace of the wretched,
Hope of the sick,
Patron of the dying,
Terror of demons,
Protector of Holy Church,
Lamb of God, who takes away the sins of the world,

*pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.*

spare us, O Lord.

Lamb of God, who takes away the sins of the world,

graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world. And prince over
all his possessions.

He made him the lord of his household.

Let us pray, – O God, in
your ineffable providence
you were pleased to choose
Blessed Joseph to be the
spouse of your most holy
Mother; grant, we beg you,
that we may be worthy to
have him for our intercessor
in heaven whom on earth we
venerate as our Protector:
You who live and reign
forever and ever.

Saint Joseph, pray for us.



**Statue of Saint Joseph at
Saint Joseph Elementary
Catholic School, Ogden**

A PILGRIMAGE DURING THE YEAR OF SAINT JOSEPH

Plenary Indulgence

By Courtney Mares

Rome Newsroom

(CNA) — Pope Francis has decreed a Year of Saint Joseph in which Catholics will have the opportunity to obtain a special plenary indulgence.

Until December 2021, there are many new ways that Catholics can receive an indulgence, including entrusting their daily work to the protection of Saint Joseph the Worker or reciting the rosary with their families.

These acts must be accompanied by sacramental Confession, Eucharistic Communion, and prayer for the pope's intentions, the usual conditions to obtain any plenary indulgence.



Saint Joseph Catholic Church, Monticello

Plenary indulgences remit all temporal punishment due to sin and must be accompanied by full detachment from sin.

According to the decree issued by the Apostolic Penitentiary on December 8, there are 15 ways to receive an indulgence in the Year of Saint Joseph:

- 1) Participate in a spiritual retreat for at least one day that includes a meditation on Saint Joseph.
- 2) Pray for Saint Joseph's intercession for the unemployed that they might find dignifying work.
- 3) Recite the Litany of Saint Joseph for persecuted Christians. Byzantine Catholics have the option of an Akathist to Saint Joseph.
- 4) Entrust one's daily work and activity to the protection of Saint Joseph the Worker.
- 5) Follow Saint Joseph's example in performing a corporal work of mercy. These include feeding the hungry, giving drink to the thirsty, clothing the naked, sheltering the homeless, visiting the imprisoned, visiting the sick, and
- 6) Perform one of the spiritual works of mercy, such as comforting the sorrowful, counseling the doubtful, instructing the ignorant, admonishing the sinner, bearing wrongs patiently, forgiving injuries, and praying for the living and the dead.
- 7) Pray the rosary together with one's family in order that "all Christian families may be stimulated to recreate the same atmosphere of intimate communion, love and prayer that was in the Holy Family."
- 8) Engaged couples can also receive an indulgence from praying the rosary together.

9) Meditate for at least 30 minutes on the Lord's Prayer, because Saint Joseph "invites us to rediscover our filial relationship with the Father, to renew fidelity to prayer, to listen and correspond with profound discernment to God's will."

10) Pray an approved prayer to Saint Joseph on Saint Joseph Sunday, the Sunday after Christmas in the Byzantine Catholic tradition.

11) Celebrate the feast of Saint Joseph on March 19 with an act of piety in honor of Saint Joseph.

12) Pray an approved prayer to Saint Joseph on the 19th of any month.

13) Honor Joseph with an act of piety or approved prayer on a Wednesday, the day traditionally dedicated to Saint Joseph.



Saint Joseph the Worker Catholic Church, West Jordan

14) Pray to Saint Joseph on the Feast of the Holy Family on December 27.

15) Celebrate the feast of Saint Joseph the Worker on May 1 with an act of piety or prayer.

“All the faithful will thus have the opportunity to commit themselves, with prayers and good works, to obtain with the help of Saint Joseph, head of the celestial Family of Nazareth, comfort and relief from the serious human and social tribulations that today afflict the contemporary world,” the decree signed by Cardinal Mauro Piacenza said.

The elderly, the sick, and the dying who are unable to leave their homes due to the coronavirus pandemic also have special permission to receive an indulgence by “offering with trust in God the pains and discomforts” of their lives with a prayer to Saint Joseph, hope of the sick and patron of a happy death.

The decree noted that in this instance the person must have the intention of fulfilling, as soon as possible, the three usual conditions for an indulgence, as well as a detachment from sin.

The Apostolic Penitentiary permits any prayer to Saint Joseph approved by the Church, mentioning in particular the “To you, O blessed Joseph” prayer composed by Pope Leo XIII:

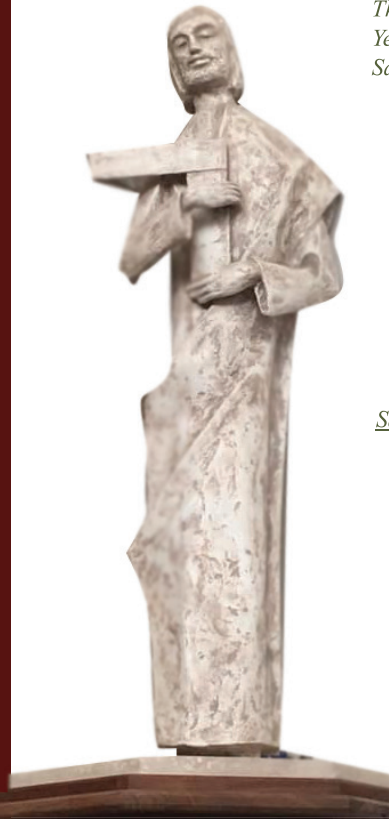
“To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.”

“O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.”



“As once you rescued the Child Jesus from deadly peril, so now protect God’s Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.”

Download a free Pilgrimage Passport from
the Diocese of Salt Lake City website:
www.dioslc.org



*There are three pilgrimage sites for the
Year of Saint Joseph within the Diocese of
Salt Lake City:*

Saint Joseph Catholic Church
365 S. Main Street,
Monticello, Utah 84535
www.sjtchurch.org

Saint Joseph Catholic Church
506 24th Street,
Ogden, Utah 84401
Telephone: (801) 399.5627

Saint Joseph the Worker Catholic Church
7405 South Redwood Road,
West Jordan, Utah 84084
Telephone: (435) 259.5211

**Statue of Saint Joseph at
Saint Thomas More Catholic Church,
Cottonwood Heights**

RESOURCES

Music

From the Saint Joseph's Oratory of Mount Royal:

<https://www.saint-joseph.org/wp-content/uploads/2016/12/Oratoire-Chant-Aimable-Saint.pdf>

<https://www.saint-joseph.org/wp-content/uploads/2016/12/Oratoire-Chant-Noble-E%CC%81poux-de-Marie.pdf>

Texts for both of these songs are in French. The melodies are simple folk-like tunes and could be used for a children's choir or unison singing. This source contains the sheet music for these two songs.

The familiar hymn "The Church's One Foundation" may be used with the texts available at

<http://www.liturgies.net/saints/joseph/hymns.htm>



RESOURCES

Music

All of the following are in the public domain and free to use. They may be found online at godsongs.net or hymnary.org.

Dear Husband of Mary (Dear Guardian of Mary), Frederick W. Faber

Dear St. Joseph Pure and Gentle, believed to have been composed by the Sisters of Notre Dame (de Namur)

Great St. Joseph, Son of David, Louis C. Casartelli

Hail Holy Joseph Hail by Frederick W. Faber

Hail Saint Joseph Spouse of Mary, believed to have been composed by the Sisters of Notre Dame (de Namur)

Holy Patron, Thee Saluting, anonymous

Jesus and Joseph Day after Day, T.R. Glover

Joseph Dearest, Joseph Mine, German trad.

Joseph Pure Spouse of that Immortal Bride, Edward Caswall

O Blessed St. Joseph, Frederick W. Faber

O Joseph, Heavenly Hosts Thy Worthiness Proclaim, Escollar

Those who Love and Those who Labour, Geoffrey Dearmer



Image of Saint Joseph at Saint Patrick Catholic Church,
Salt Lake City

RESOURCES

Visual Art Links

Christian Iconography – Saint Joseph:

<https://www.christianiconography.info/joseph.html>

An explanation of symbols associated with Saint Joseph

<http://www.sjsh.org/110-associated-text-icon-of-saint-joseph.html>

Smithsonian Museum Conservation Institute

View several pictures of historic artwork depicting santos and bultos of San José from New Mexico, the Philippines and other sources

https://www.si.edu/mci/english/research/past_projects/santos_photo_gallery.html

Utah Museum of Fine Art: The Death of Saint Joseph:

<https://umfa.utah.edu/death-of-saint-joseph>

Diocese of Charlotte

<https://yearofstjoseph.org/devotions/sacred-artwork/>



**Statue of Saint Joseph at
St. George Catholic Church,
Saint George**

Saint Joseph Tables: A Work of Charity

- Created by local communities and families for March 19
- Originated in Sicilian and Italian communities in the Middle Ages
- Feature special displays of bread and pastries, fruits and vegetables
- Decorated with symbols of Saint Joseph
- Contain items offered to people in need

Watch a short film explaining more about the traditions of a Saint Joseph Table at <http://www.iamla.org/st-josephs-tables-lecture/>



Photo courtesy of The Italian American Museum of Los Angeles exhibit March 10, 2020

Special Days Devoted to Saint Joseph

The Church honors Saint Joseph, husband of Mary and earthly father of Jesus on March 19. Scripture does not record any words of Joseph, but we can gather much about what sort of man he was by meditating on his role in salvation history. The Gospel of Matthew tells us that a messenger from God spoke to Joseph in four stunning dreams. We know that he was a carpenter who taught Jesus the trade. He was called a “just man,” who was totally obedient to the Lord. Saint Joseph, husband of Mary was given the title of Patron of the Universal Church by Pope Pius IX.

Pope Pius XII instituted the Feast of Saint Joseph the Worker in 1955. This feast day on May 1 recognizes the dignity of workers throughout the world. Saint Joseph offers a model of perseverance, courage and humility. Following his example, we pray to dedicate our labor to the glory of God.



**Statue of the Holy Family at
Saint Martin de Porres
Catholic Church, Taylorsville**

March 19, 2021

Solemnity of Saint Joseph,
husband of
the Blessed Virgin Mary

Reading 1: 2 Sam 4-5a, 12-14a, 16
Responsorial Psalm: 89: 2-3, 4-5, 27
and 29 R/ The son of David will live forever.
Reading II: Rom 4: 13, 16-18,22
Gospel: Mt 1:16, 18-21, 24a or
Lk 2: 41-51a

May 1, 2021

Optional Memorial of
Saint Joseph the Worker

Reading 1: Gen 1: 26b-2:3
or Col 3: 14-15,17,23-24
Responsorial Psalm: 90: 2,3-4,12-13, 14 and 16
R/ Lord, give success to the work
of our hands.
Gospel: Mt 13: 54-58



**Statue of Saint Joseph at
Saint Joseph Catholic High School, Ogdén**

Special Events Devoted to Saint Joseph

March 6, 2021

Diocesan Lenten Retreat

Renewing Faith, Hope and Charity in the
Year of Saint Joseph

A virtual retreat offered by the Office of
Faith Formation
and the Most Reverend Oscar A. Solis, D.D.

Retreat Master (English)

Reverend Roger H. Keeler, JDL
Assistant Professor,
Oblate School of Theology

Retreat Master (Español)

Friar Sergio Serrano, O.P.
Southern Dominican Province

Enjoy a prayer service, message from
Bishop Oscar A. Solis, preaching
and small-group discussions online.

All are welcome to this free event.

For complete details, register by March 1
online at www.dioslc.org



**Statue of Saint Joseph at
Saint Marguerite Catholic Church, Tooele**

March 19-21, 2021

Silent Retreat: True Devotion to Saint Joseph
from Mount Angel Saint Benedict Retreat Center, with Br.
Louis de Montfort Nguyen, O.S.B. On site; for information visit
mountangelabbey.org/retreat. To register, email retreat@mtangel.edu or
call (503) 845.3025.



**Statue of Saint Joseph at
Saint Andrew Catholic
School, Riverton**

Diocesan Priests Named Joseph

Since the Diocese of Salt Lake was formed in 1891, numerous priests named Joseph have ministered here, including two bishops. They are

Rev. Joseph G. Delaire (July 26, 1953)

Bishop Joseph L. Federal (Aug. 31, 2000)

Bishop Joseph S. Glass, C.M. (Jan. 26, 1926)

Rev. Msgr. Joseph E. Gosseln (April 27, 1956)

Rev. Msgr. Joseph P. Moreton Aug. 16, 1970)

Rev. Joseph S. Rooney, SJ, Feb. 3, 2014)

Rev. Joseph H. Valine, OP, Sept. 26, 1992)

Currently ministering in the diocese are

Rev. José Barrera Cruz, administrator of Our Lady of Guadalupe Parish

Rev. José Barrera Hernández, administrator of Saint Therese of the Child Jesus Parish

Rev. Joseph Delka, pastor of Saint Andrew Parish and
Diocese of Salt Lake City vocation director

Rev. Msgr. Joseph Terrence Fitzgerald, Vicar General emeritus

Rev. Joseph Frez, on leave

Rev. Msgr. Joseph M. Mayo, retired

Rev. Joseph Minuth, parochial vicar of Saint Joseph Parish (Ogden)

Rev. José Rausseo, pastor of San Andres Parish and its missions

Rev. Jose (Joshua) Santos, parochial vicar of Saint Thomas Aquinas
Parish and chaplain of Saint Jerome Newman Center



**The Most Rev. Joseph S. Glass, C.M.
Second Bishop of Salt Lake**

YEAR OF SAINT JOSEPH



CATHOLIC DIOCESE OF
SALT LAKE CITY

Statue of Saint Joseph
at Saint Mary Catholic Church, West Haven

27 C Street
Salt Lake City, Utah 84103
801.328.8641